

# ***SD31 DFL NEWS***

## ***September 2025***

### ***UPDATE 1: Ramsey Happy Days Sept 6!***

### ***And Monthly Meeting Sept 9***

[VoteBlueMN.org](http://VoteBlueMN.org)  
[sd31df1@gmail.com](mailto:sd31df1@gmail.com)

#### ***DFL Friends--***

We hope these last days of summer, and the first days of fall, are going well for you. We covered most of the events and news for September in our last newsletter, but did not have the details about the events for Ramsey this coming weekend— so here they are!

Also we attach one more item from Timothy Snyder’s On Tyranny for your consideration, and a reminder of our upcoming monthly meeting on Tuesday Sept 9.

#### **Saturday, September 6**

#### **Ramsey Happy Days**

**PARADE: Please join Abbey Payeur’s group— SD31 parade group has been cancelled!**

SD31 DFL will have booth at Ramsey Happy Days! See below for info about the specific events. Please sign-up here if you're interested to help at the booth.

[Booth Sign-up.](#)

**happy days**  
ramsey, mn  
**SEPTEMBER 6, 2025**  
*Most events are held across from Ramsey City Hall on Sunwood Drive NW*

**SCHEDULE OF EVENTS**

**SATURDAY, SEPTEMBER 6**

5K and Fun Run (Elmcrest Park)	8:00 - 9:30 a.m.
Expo	11:00 a.m. - 7:00 p.m.
Food Vendors & Lions Beer Tent	11:00 a.m. - 10:00 p.m.
Parade	11:00 a.m. - Noon
Ninja Anywhere	Noon - 7:00 p.m.
Kids' Games and Activities	Noon - 7:00 p.m.
Dog Show	12:45 - 1:45 p.m.
Car Show	1:30 - 4:00 p.m.
Bean Bag Tournament	2:00 - 5:00 p.m.
Trivia	2:30 - 3:30 p.m.
Trivia	3:30 - 4:30 p.m.
Bingo with the Anoka Women of Today	3:30 - 4:30 p.m.
Live Music by Shane Martin	6:30 - 8:00 p.m.
Live Music by Expedition	8:30 - 10 p.m.
Fireworks	10:00 p.m.

**SUNDAY, SEPTEMBER 7**

9/11 Memorial Golf Tournament (Rum River Hills GC)	9:00 a.m.-4:30 p.m.
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City of RAMSEY PARKS & RECREATION

Schedule is subject to change, visit [www.cityoframsey.com/343](http://www.cityoframsey.com/343) for most up-to-date events or more information.

## Other Event Reminders...

### Linwood Family Fun Days— also on September 6

Volunteer to help at the SD31 DFL Booth!  
Linwood Town Hall, 22817 Typo Creek Dr. NE, Stacy, MN 55079  
Don't miss out on the fun; [click here](#) to sign up.

### Tuesday, September 9 Monthly SD31 DFL Gathering

6 pm Social— 630 pm Business  
Andover Community Center  
Community Room A

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### Another Lesson against tyranny

From *On Tyranny* by Timothy Snyder

#### 1. DO NOT OBEY IN ADVANCE.

“Most of the power of authoritarianism is freely given. In times like these, individuals think ahead about what a more repressive government will want, and then offer themselves without being asked. A citizen who adapts in this way is teaching power what it can do. Anticipatory obedience is a political tragedy.”

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### Worst Life Expectancy in the US is in Red States

(Source: Newsweek)

The US has the lowest life expectancy of all English-speaking countries. But some states do much worse than others. All 5 of the states with the lowest life expectancy are “red” states, and all 5 of those with the best life expectancy are “blue” states. A person in Minnesota can expect to live **6 years longer** than their counterpart in West Virginia! Yet Trump and Co. want to see us all more like West Virginia. We need to fight for excellent Health Care for everyone.

*The 5 states at the bottom of the list:*

West Virginia—74.5

Mississippi—74.6

Alabama—75.1

Kentucky—75.3

Tennessee—75.6

*And the 5 at the top:*

Hawaii—81

California—80.8

**Minnesota—80.5**

New York—80.5

Connecticut—80.4

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### Email Updates and Submissions

Newsletters and other Emails from SD31 DFL will typically be sent out on Monday or Tuesday, once or twice a month. If you have an item to share, please submit it by noon on Friday to:

**[sd31dfl@gmail.com](mailto:sd31dfl@gmail.com)**

We also welcome longer items for our website if you have articles, blogs, or letters that you would like to share! Check the site out at [VoteBlueMN.org](http://VoteBlueMN.org).

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***THANK YOU*** for every effort you are able to make— no matter how large or small. Stay connected with us as we struggle to resist the authoritarian extremists and to make our communities, state and country better.  
*Let your voice be heard!*

***Our Core Values and Guideposts:***

*A Good Economy for Working Families/ Fighting Hatred and Racism*

*Liberty and Justice for ALL— including Women's rights and reproductive freedom*

*Taking care of our Home-- the Earth*

*Love Your Neighbor/ Truth, Justice and Compassion/ Non-Violence*

*Showing up to Do Your Part*

*... and because even though it should be obvious in the USA, they seem to have forgotten:*

*The Rule Of Law*

*The Constitution Of The United States*

***SD31 DFL Communications***  
***sd31dfl@gmail.com***